

## Mythical hiking autum

In the Murtal in Styria, a mythical autumn awaits enthusiastic hikers. In the style of the legends and stories from the book "Mysterious Murtal" by Markus Beren and Tamara Markel, the region Murtal offers weekly hiking recommendations until the end of October with exciting stories that will make explorers' hearts beat faster.

Right in the centre of the green heart of beautiful Styria is the Murtal. Idyllic and blessed with an incredible natural and mountain world, this region holds a true Eldorado for enthusiastic hikers. Here, nature enthusiasts will find 92 peaks over 2000 metres, which not only challenge the skills of hiking professionals. However, the area is also a wonderful entry point for beginners and brings those interested in this hobby closer in the most beautiful way.

There are many legends and stories about the extensive alpine belt around the Mur valley. White women discovered on the mountain ridges, gnomes wreaking havoc in the forests and miraculous healings of the sick and infirm laid the foundation for the book "Geheimnisvolles Murtal - mystische und unheimliche Ereignisse auf Gipfeln und Almen". Readers can discover stories here and hike the legendary area with tips from the book.

This is how the tourism association of the Murtal adventure region came up with the idea of the "Mythical Hiking Autumn". Every week the region publishes a legend with a matching hiking tip. Curious and full of the urge to discover, hikers can then set off on an exploratory tour across the varied region.

An extensive and impressive tour is, for example, the hike to the Maria Schnee chapel in the Seckau Alps. According to the legend, people here once lived in abundance. They no longer appreciated the rich gifts from heaven and so the yields of the alpine pastures became smaller and smaller, the livestock declined and the alpine pastures almost became deserted. The people did not improve and had little respect for nature. As a result, so much snow fell in summer that it remained until winter. This meant that the cattle could not be driven to the alpine pastures and became emaciated. To propitiate heaven, the farmers decided to build a chapel here. This chapel has been called Maria Schnee ever since. Since then, nature has once again flourished on the mountain pasture and nourished cattle. The idyllic church is located at 1,822 metres and impresses with a wonderful view, devotional silence and harmony. On this tour, passionate hikers cover about 17 kilometres and enjoy refreshment stops and fascinating flora and fauna.

Exciting and mystical discoveries also await explorers on the Stubalpe. Here, a plague cloud that emerged at intervals from a mountain hole is said to have predicted the next wave of plague.

Since this hole was filled in, there has been no plague in the region. The entire tour with 3 peaks covers 14 kilometres and is a must for passionate summit strikers.

More leisurely, mountain lovers discover the legend of the bread hunter. The route up the Triebenstein covers 5 kilometres and 548 metres in altitude. On the way to Hohentauern,





visitors discover the "Brodjäger" inn. According to stories, the name comes from a hunter who shot and captured a loaf of bread instead of a supposed hare.

The entire entertaining legend of the Brodjäger and other exciting tales with the corresponding tours can be found by curious nature lovers with a big explorer heart at <u>www.murtal.at/wanderherbst</u>.

Contact: Erlebnisregion Murtal Red Bull Ring Straße 1, 8724 Spielberg Tel.: +43 3577/26600 <u>www.murtal.at</u> info@murtal.at

